



# Music By The Lake

## Ropes Course Activities

## Parental Permission Form



The ropes course activities at Music By The Lake (MBTL) are monitored by trained and qualified Camp Wahanowin staff. Students are given the opportunity to develop their skills in a safe and controlled setting at Camp Wahanowin.

### Ropes Course Safety ~ Toronto District School Board

#### General Guidelines

- All instructors must have successfully completed a training course taught by a professional Challenge Course Trainer
- One instructor will have completed a Ropes Course Instructor course
- Safety protocols outlined by O.P.H.E.A. will be followed at all times including that all equipment to be inspected daily
- Students will receive instruction on safety procedures relevant to the participation of the ropes activity
- Helmets suitable for ropes courses must be worn

Student's Full Name: \_\_\_\_\_

School: \_\_\_\_\_

Parent/Guardian's phone number:

Home: \_\_\_\_\_

Business \_\_\_\_\_

**My son/daughter has my permission to participate in supervised ropes course activities at the Music By the Lake camp.**

Parent's/Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Please return via mail by Friday, April 30<sup>th</sup> to:**

TDSB Music Department  
140 Borough Drive, 2<sup>nd</sup> Level  
Toronto, Ontario M1P 4N6

Attention: Catherine McPherson – Music Events Assistant



# Music By The Lake Waterfront Activities Parental Permission Form



The waterfront activities at Music By The Lake are monitored by qualified, adult lifeguards, and Camp Wahanowin staff. All students are given the opportunity to develop their skills in a safe and controlled setting on Lake Couchiching. The waterfront area has a clearly marked swimming area, dock, lifesaving equipment and emergency boat. The program consists of instruction in water safety, and canoe/kayak lessons. Canoeing/kayaking on the lake and free swims are well supervised.

## Water Safety ~ Toronto District School Board

### General Guidelines:

- Any student involved in waterfront activities outside of a pool setting must take a pretest
- An approved personal flotation device(PFD) must be worn at all time while in any watercraft
- Supervision ratio as recommended by O.P.H.E.A is as follows:
  - 1 – 25 students     2 Lifeguards
  - 26 – 100 students   3 Lifeguards
  - 1 additional lifeguard per 25 students

Student's Full Name: \_\_\_\_\_

School: \_\_\_\_\_

Parent/Guardian's phone number:

Home: \_\_\_\_\_

Business \_\_\_\_\_

**After successfully completing the required water activity pretest my son/daughter has my permission to participate in supervised swimming/canoeing activities at the Music By the Lake camp.**

Parent's/Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Please return via mail by Friday, April 30<sup>th</sup> to:**

TDSB Music Department  
140 Borough Drive, 2<sup>nd</sup> Level  
Toronto, Ontario M1P 4N6

Attention: Catherine McPherson – Music Events Assistant